



Craft
Ages 6–8
20 minutes

Leaf and Tree Bark Rubbings

Description

Rub along natural, textured surfaces to create art.

Competencies

- Creative and imaginative thinking
- Development of fine motor skills
- Study of nature

Materials

- Crayons
- Paper
- Leaves of different shapes and sizes
- Optional: folder or scrapbook

Preparation

- If running this program indoors only, collect leaves of different shapes and sizes

Implementation

1. For a tree bark rubbing:
 - a. Walk to an area with trees
 - b. Participants choose a tree and put a piece of paper against the tree trunk, holding it firmly so it doesn't move
 - c. Gently rub the paper all over with a crayon
 - d. The texture of the tree trunk will make the crayon marks appear darker in some places than others
 - e. Repeat as desired with other tree trunks and new pieces of paper
2. For a leaf rubbing:
 - a. Participants can collect their own leaves outside or collect leaves for the participants before the program

- b. Put a leaf on a smooth surface and cover it with a piece of paper, holding it down firmly
 - c. Gently rub over the leaf back and forth with a crayon
 - d. The leaf's edges, veins, and texture will make the crayon marks appear darker in some places than others
 - e. Repeat as desired with more leaves
3. Option: Store your finished rubbings in a folder or scrapbook
 4. Option: Switch crayon colours while working on a rubbing for a rainbow effect

Book Suggestions

Explorers of the Wild by Cale Atkinson

Summer Color! by Diana Murray

A Walk in the Forest by Maria Dek

Wild Ideas by Elin Kelsey

Images and Templates



