



Short Activity
Ages 6–8
20 minutes

Seed Bomb

Description

Plant some flowers by using a seed bomb.

Competencies

- Creative and imaginative thinking
- Study of nature
- Nature studies
- Creative expression
- Following directions

Materials

- 4 parts natural clay
- 1 part seed starting soil mix
- 1 part wildflower seeds (pick wildflower seeds that are native to where you live)
- Fabric or tissue paper
- String
- A sheet of paper or butcher paper

Preparation

- For each participant, evenly distribute the materials on the sheet of paper so they can mix it
- Precut the fabric or tissue paper into 10 cm squares

Implementation

1. Have the participants flatten the clay like a pancake
2. Over the clay, sprinkle the seed starting mix and wildflower seeds
3. Fold the clay and knead it until everything is mixed
4. Roll the clay out like a snake
5. Pinch off small sections and roll those into balls
6. Place the seed bomb balls onto fabric or tissue paper to hold them
7. Gather the ends of the fabric or tissue paper and tie with string
8. Decorate the fabric or tissue as desired
9. Wait 24 hours for the clay to air dry
10. Tell the participants to think of a place where they want to see their wild flowers grow
11. With adult supervision or permission, throw the seed bomb!
12. Alternatively, give the seed bomb to someone as a gift

Book Suggestions

Charlie's Dirt Day by Andrew Larsen

The Digger and the Flower by Joseph Kuefler

Going Wild: Helping Nature Thrive in Cities by Michelle Mulder

A Season of Flowers by Michael Garland

Seed School by Joan Holub

What Matters by Alison Hughes

Wildflowers by Libby Romero

Images and Templates



Wildflower seeds

