# Preparation

Ice Cube Excavation

* One day or more before the program, put various items in ice cube trays and freeze them

Recommendations

* Use items that would be easy to excavate
* The same items can be used for all of the ice cubes or you can vary the items
* Size of item should match the ice cube mold – even if item sticks out of the cube, it is better than it being so small that it takes a long time to excavate

Sandbox Excavation

* Put various items inside tub(s) filled with sand

Newspaper Bin Excavation

* Put various items inside small containers like plastic Easter eggs, gacha containers or just wrapped inside newspaper

 

* Create newspaper balls for a newspaper bin

# Implementation

Ice Cube Excavation

1. Distribute an ice cube to each participant on a dish or in a container
2. Participants can rub their hands together and then pick up the ice cube and try to melt it with their body heat
3. They can use a bit of salt (optional)



Sand Box Excavation

1. Distribute a sandbox with hidden items and a spoon or shovel to each participant OR have participants line up in front of one or several containers with each child excavating an item
2. Participants can use their hands, a spoon or a shovel to dig up an object



Newspaper Bin Excavation

1. Have participants line up in front of one or several bins of newspaper balls and take turns trying to find an item

